

Flower Essence Case Evaluation for Animals

This form is designed to provide an evaluation of each cycle of flower essence use. (A series of these should be filled out for a case involving multiple cycles of use.) This paper helps the animal caretaker to report experiences with the essences and is a valuable tool for record-keeping and research.

Directions: The animal caretaker fills out the form as part of a follow-up interview or appointment.

Time period essences used: _____ Today's date: _____

Name: _____ Phone: _____

Which essences were used with the animal? _____

How were the essences administered? ___ orally ___ topically other: _____

Briefly describe the frequency and consistency of use: _____

If applicable, please list other therapies engaged in during the time of taking the essences: _____

Were there other significant events in regard to the animal, general environment or caretaker(s) during this time period? _____

Have the flower essences stirred up any new issues for your animal or caretaker(s)? _____

Are you continuing to give your animal the flower essences at this time? _____

In what areas do the essences seem to have been helpful? Please comment on observed changes in your animals behavior (you may also use the attached list to indicate changes observed): _____

Please use the back of this form if necessary to complete any of the answers above.



Flower Essence Society Research Program

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Guide to observable behaviors/emotions/conditions

Observable behavior/emotion/condition	Rate the behaviors by marking under the numbers with a "B" for <i>before</i> and an "A" for <i>after</i> administering the flower essence(s)					Observable behavior/emotion/condition
Appears aggressive/hostile	1	2	3	4	5	Appears peaceful & social
Appears to be anxious	1	2	3	4	5	Appears to be relaxed
Appears to be apathetic/listless	1	2	3	4	5	Seems appropriately energetic
Avoids being touched	1	2	3	4	5	Seems to welcome touching & interaction
Biting/snapping	1	2	3	4	5	Lack of biting/snapping behavior
Overly repetitive behaviors such as pacing, circling, excessive licking, etc.	1	2	3	4	5	Cessation of such behaviors
Appears to be confused or overwhelmed by the environment	1	2	3	4	5	Appearance of comfort
Unhealthy condition of skin / coat	1	2	3	4	5	Healthy appearance
Seems to be depressed	1	2	3	4	5	Interactive/interested in environment
Seems to be defensive; guards territory, growls, snaps at others, etc.	1	2	3	4	5	Seems at ease with others & environment
Digestive distress with observable symptoms	1	2	3	4	5	Healthy digestion
Seems to avoid other animals	1	2	3	4	5	Interacts with others
Seems to try to dominate others; snapping, growling, eating other animals' food, etc.	1	2	3	4	5	Seems to get along well with others
Seems to be afraid	1	2	3	4	5	Doesn't appear to be afraid
Grooming: overly-fastidious/harmful/absent	1	2	3	4	5	Grooming behavior seems appropriate
Appears to be hyperactive	1	2	3	4	5	Seems to be appropriately energetic

Observable behavior/emotion/condition Rate the behaviors by marking under the numbers with a "B" for *before* and an "A" for *after* administering the flower essence(s) Observable behavior/emotion/condition

Appears to be irritable	1	2	3	4	5	Appears to be calm
Lack of appetite	1	2	3	4	5	Appropriate appetite
Seems to lack confidence/self esteem	1	2	3	4	5	Appears to be confident
Appears to be lethargic	1	2	3	4	5	Seems energetic/engaged with surroundings
Appears to lack trust; avoids interaction, cowers, hides, etc.	1	2	3	4	5	Seems trusting, interacts with others
Appears to be nervous/jittery/skittish	1	2	3	4	5	Appears calm/centered
Appears to be panicked/hysterical	1	2	3	4	5	Appears to be calm
Physical illness	1	2	3	4	5	Healing/wellness
Physical injury	1	2	3	4	5	Healing/wellness
Appears to be physically tired/exhausted	1	2	3	4	5	Seems rested/energy restored
Appears to be sad	1	2	3	4	5	Seems to be happy
Appears to be traumatized or in shock; lack of reaction to others & environment	1	2	3	4	5	Responding to & interacting with others & the environment
Vocalizing appears to be unusual for this particular animal	1	2	3	4	5	Seems to be expressing vocally as usual for this animal
Appears to be withdrawn	1	2	3	4	5	Seems to want to interact with others

