

FES Flower Essences I observe are most used in my Practice at this time

Psychic Boundaries — Yarrow

Core Integrity Rebuilding — Echinacea

Spiritual Guidance Connection —
— Angelica
— Mountain Forget me Not

Focus, Presence, Synthesis —
— Madia
— Cosmos
— Rabbitbrush
— Lemon
— Shasta Daisy

Deep Inner Child, Attachment Wounds;
Trauma Healing —
— Emotional Healing —
— Evening Primrose
— Dune Primrose
— Mariposa Lily
— Madrone
— Star of Bethlehem

— Healing Embodiment —
— Lewisia
— Shooting Star
— Pussy Paws

Green Flowers Earth Nature Connection —
— Ladys Mantle
— Green Nicotiana
— Green Rose